

15 Ways to Fight for Your Belief

1- Put on boxing gloves and decide to fight.

Fear says:

This is not going to work out.
God is absent.
This chapter has no good ending.
My story is beyond repair.

Belief says:

God works all things out for my good. (*Romans 8:28*)
God will never leave me or forsake me. (*Deut. 31:6*)
God is making all things new. (*Revelation 21:5*)
God will restore everything you lost. (*Deut. 30:3*)

2- Remind yourself what is true about all good stories- there's always conflict.

Remember, in the middle of a hard chapter, God is writing a very good, good story and redemption is on its way. How do we know? Because Jesus, our Redeemer promises. So we can say: *I must be in the chapter where God is writing a really good story.*

3- Listen to powerful stories that fuel your faith.

This is why we should be in the habit of sharing the testimony of what God has done in our lives, so that when our story feels wrecked, we can remember God has redeemed other wrecked lives.

4- Look at "His story."

Spend time in God's Word and be reminded of what God is capable of. The same God who turned water into wine, healed leprosy, and walked on water is the same God who walks with you every single day.

5- Hang your hat on who God is by remembering what God has already done.

Sometimes the best thing you can do when you are facing a hard chapter in life is remember how God has shown up in other hard chapters and done good, beautiful, redeeming things. The same God who saved you before- He will save you again.

6- Stick Post-it notes of truths all over your life.

Write down who God says you are and put them on your mirror, your car, your desk, your laptop. Lies are coming at us all day, surround yourself with truth.

7- Pray "Lord help my unbelief."

Sometimes the best thing we can do is pray the prayer of the man who doubted in Mark 9: "I do believe; help me overcome my unbelief!"

8- Find a few people to believe for you.

Sometimes you can't believe for yourself so you need to go looking for someone who can hold faith for you. One of the bravest, humblest moves you can make is to ask someone to hold hope for you.

9- Turn down the voices that threaten your belief.

Are there people, ideas, philosophies, or mindsets inviting you to give up on your faith? Don't give them more air time. Give them less. Whose voice do you need to turn down?

10- Preach to yourself.

Literally tell yourself as much as you need to, who God is, who He says you are, and if need be, keep doing it.

11- Journal your pleading prayers.

Get a notebook and start writing to God. Pour out your heart, your feelings, your worry, your hopes, your dreams- all of it. He can handle it ALL.

12- Look for the blessings even in your hardship.

You can literally count your blessings in a notebook reminding yourself one by one of the good, even if small, in the midst of the hard.

13- Worship God "even if."

Practice worshipping God not just in good times, but also in hard times. Habakkuk 3:17-19 shows this sentiment: *"Even if the fig tree may not blossom, Nor fruit be on the vines...Yet I will rejoice in the LORD, I will joy in the God of my salvation"*.

14- Check your belief: Is it in God or in the outcome?

Is your belief in God dependent on things going the way you want them to or does it rest in the mystery of trusting that God knows best? There are some outcomes we can bank on and some we can't. We can bank on God's character but we can't bank on our desired outcome. Just as Jesus prayed "not my will but yours be done", fight for a belief that prays the same.

15- Never forget... with Jesus the story is never over.

Jesus is the Resurrection and the Life. He is making all things new. He is the Redeemer. He is the Alpha and the Omega. He is the beginning and the end. Even when you think something has come to an insufferable end, Jesus can resurrect it and if He hasn't yet, He is on His way to bring life!